8. My procedure and travel reminders

For a procedure

Tell the procedural and anesthesia teams the medicine, dose, last dose, recent dose changes, and symptoms. Obtain their medication, eating, and drinking instructions. Write them here:

Their instructions

For travel

Check the product's exact temperature limits, permitted time outside refrigeration, and discard rule. Plan food, fluids, and safe storage. Write the pharmacist's instructions here:

The pharmacist's instructions

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General information: it does not replace your clinician or the Medication Guide that comes with your prescription.
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